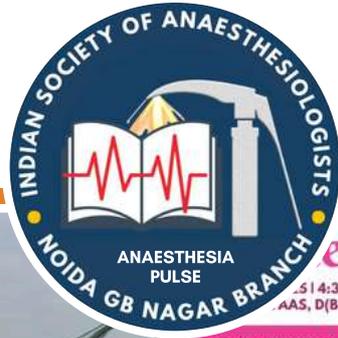


Volume 1 Issue 7 ~ Jan-Mar 2025

The Anaesthesia Pulse

A special National Premier League and ISA sponsored CME issue

The Official Newsletter of ISA Noida GB Nagar



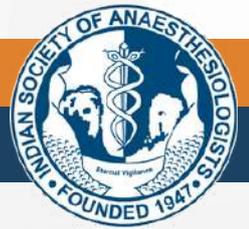
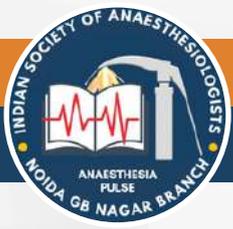


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Dr. Kapil Singhal
(Founder President)



Dr. Mukul Kumar Jain
(Vice President)



Dr. Subrat Dam
(Hon. Secretary)



Dr. Sameer T. Bolia
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- Dr. Nazia Nazir

Sports & Cultural Committee

- Dr. Vinay Shukla
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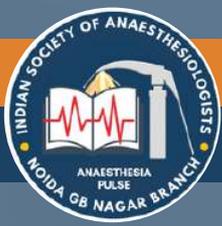
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Message from President ISA Noida GBN



Dr Peeyush Chaudhary

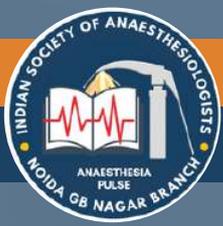
Dear Members,

I am delighted to share with you the tremendous success of our city branch's inaugural Doctors National Premier League Cricket tournament and National Sponsored CME, held on February 15th and 16th February 2025. The event saw an overwhelming response, with 16 teams from across the country participating, showcasing the growing acceptance and popularity of our initiative. The participation of over 200 delegates, including all the anaesthesiologists from Noida and a number of senior office bearers of ISA National, was truly heartening. It was a testament to the enthusiasm and camaraderie of our members, and I would like to extend my gratitude to each and every one of you for making this event a huge success. The tournament and CME provided a unique platform for our members to come together, share knowledge, and foster relationships.

I am proud to say that our city branch has set a new benchmark in promoting academic and extracurricular activities among anaesthesiologists. I would like to extend my special thanks to the organizing committee for their tireless efforts in making this event a reality. Your dedication and hard work have paid off, and I am confident that this event will become an annual fixture in the calendar of other branches of ISA as well. Thank you once again to all our members, participants, and organizers for their support and enthusiasm. I look forward to seeing you all at future events.

Best regards,
Peeyush Chaudhary,
President, ISA Noida GBN

Dr Peeyush Chaudhary



Message from Founder President ISA Noida GBN



Dr Kapil Singhal

Dear **Members**

I am really excited and delighted to write this message. Our recent events and activities that have showcased the talent, dedication, and enthusiasm of our members; are really appreciable and speaks about the strength of Noida branch.

First and foremost, successful Conduct of First EVER ISA National Premier League(Tennis Ball Cricket Tournament) was an exceptional success in itself.

The National Cricket League was a resounding success, with enthusiastic participation from 15 teams from all across the country. Participation of around 200 anaesthesiologist from different parts of the country including National President Elect, Hon Secretary ISA National, National Vice President and so many other National office bearers made it unique and one of it's own kind. This event not only promoted physical activity but also fostered camaraderie and teamwork among participants.

Organising a National CME that was well-received by attendees was another feather on the cap. Presence of 09 National office bearers, 150 registrations and punctuality was unique features of CME. The event featured expert faculty, cutting-edge topics, and valuable networking opportunities and with 20 Paper and Poster presentations from PGs.

It's a matter of pride to see Noida GB Nagar branch, organizing various activities, including CMEs, workshops, conferences, social events family gathering etc, which has provided opportunities for knowledge sharing, skill development, and networking among members. My request to all office bearers and members is to continue all the annual and monthly activities, in much better way ; do not let any of the efforts put so far, slow down.

I would like to extend my appreciation to all the members, organizers, and participants who contributed to the success of these events. Your dedication and enthusiasm are the driving force behind our society's growth and success.

Jai Hind

Jai ISA!

Dr. Kapil Singhal



Dr. Priyankar Sarkar Editor's note

All work and no play makes Jack a dull boy! (English proverb)

And since we didn't want that, ISA Noida GBN decided to shake things up.

Led by our energetic founder President Dr Kapil Singhal (and presently President ISA UP State), who has given the term "sky is the limit" a new meaning, ISA Noida GBN organised the first ever nationwide cricket tournament for Anaesthesiologists. The limited overs tournament –National Premier League-- to be concluded on a single day met with a tremendous response. Around 150 cricket players turned out for 16 teams from all across the country.

The main tournament was organised in some style with twin grounds at two venues pressed into action. Glitzy decorations, NPL gate, music and dhol, tattoo artists and participation of senior members of ISA National—everything added to the festive atmosphere on a glorious spring day under the blue skies. The main action on the ground lived up to the hype with square drives, half-pulls, lofted drives, tight bowling spells and energetic fielding hogging the limelight. The enjoyment, happiness and enthusiasm on the faces of the participants was vindication that the Organising Committee and members of ISA Noida GBN had been able to deliver on all fronts; they had been able to make it a joyous occasion for everyone to participate and enjoy. In fact the efforts put in by every member of the Organising Committee was amazing and deserve a special mention.

Please note we did not want Jack to be a dull boy at the end.

A continuing medical education CME program was organised the next day with support of the ISA National. Speakers from across the country delivered riveting lectures on topics related to high risk obstetrics and paediatrics. Not only did the CME help in knowledge sharing and bringing us up-to-date with recent guidelines, it served as a platform for budding anaesthesiologists to interact with their peers.

This special themed issue of our newsletter seeks to summarise both these successful events. Additionally we have got columns on International Women's Day celebrations, a selfie corner and a roundup of academic activities of this vibrant branch.



Dr. Priyankar Sarkar

A total of 16 teams participated in the tournament, representing different regions of India



- **Noida Mahanandan Giants**
 - **Punjab Spartans**
 - **ISA Lucknow**
 - **Haryana Hurricanes**
 - **Tranquil Titans**
 - **Synergy Agra Warriors**
 - **Mountain Mavericks**
 - **Bareilly Daredevils**
 - **Meerut Warriors**
 - **Kanpur Titans**
 - **Gurugram Gladiators**
 - **Delhi Dominators**
 - **Rajasthan Riders**
 - **Mathura Super Kings**
 - **Secretary IX**
 - **Maratha Warriors**
- The tournament consisted of 04 pools ,15 matches were played in league stage. The top teams from each pool then proceeded to the knockout stage i.e. Semifinals, culminating in the final match.
 - Tournament started on time and finished on time
 - Immense planning and flawless execution was needed to provide seamless transport for teams from one ground to next

Bat being presented



First toss of NPL



Wonderful decoration in the form of coloured buffet tables, ballon decoration, NPL Gates added a festive charm to the tournament



Dhol during second half electrified the whole atmosphere



Provision of all meals along with rehydration fluids were made for all players and staff which was appreciated by everyone



Organising secretary being
felicitated

Man behind the scene with force
behind the man



The grand finale of the inaugural ISA National Premier League was fought between Punjab Spartans and Delhi Dominators with Delhi grabbing the trophy emphatically

Dominators (85/3) vs Punjab Spartans(55/1) : Delhi Dominators won by 30 runs



To encourage participation and recognize outstanding performances, 5 trophies were awarded in each match-- man of the match, fighter of the match (from losing team), Best Batsman, Best Bowler and Best Fielder. Besides members of each team received a medal as a memento of their participation



5 trophies were distributed honoring the best performers of the NPL

**Lady Player of the NPL- Dr
Bhuvana (Delhi Dominators)**



**Batsman of the NPL - Dr
Kush (Delhi Dominators)**



**Fielder of the NPL - Dr
Harkirat (Punjab Spartans)**



**Bowler of the NPL - Dr
Saqib (Delhi Dominators)**



Player of the NPL- Dr P K Jhakkar



Dr Naveen Malhotra President Elect ISA National had envisioned the concept of National Premiere League of Cricket Tournament way back in 2020; it was given shape and fructified in dashing style by Dr Kapil Singhal



Indeed Dr Naveen Malhotra's participation in the NPL as coach Haryana Hurricanes was the **cherry on the cake**

Dr Sukhminder jeet Singh Bajwa, Hon Secretary ISA National was very enthusiastic at being part of NPL; he led the team Secretary's XI comprising of national office bearers in the tournament. Also he showed true sportsman spirit by allocating awards won by national office bearers to other team members.



A number of dignitaries were felicitated on the sidelines of the NPL



Dr Naveen Malhotra
President Elect ISA National



Dr Sukhinder jeet Singh Bajwa
Hon Secretary ISA National



Dr Virender Sharma
Vice President ISA National



Dr Manoj Kumar
Treasurer ISA National



Dr R.K. Bhasker
GC member



Dr R.K. Reddy
GC Member



Dr Tanveer Singh
GC member



Dr Rakesh Garg
Editor, IJA

In Focus

Noida Mahanandan Giants played with lot of spirit but up against two good teams in Ghaziabad Tranquil Titans and Punjab Spartans they lost both their matches. We are proud of the show put up by our Team.



Flag Hoisting

Flag hoisting commenced sharp on time. ISA National office bearers Vice President Dr Virendra Sharma, Hon. Secretary Dr SS Bajwa, Treasurer Dr Manoj Kumar, GC Coordinator Dr Rama Krishna Reddy, GC Dr Manisha Katikar, GC Dr Cham, GC Dr Bhasker; GC Dr Tanveer.

ISA UP State office bearers President Dr Kapil Singhal, Vice President Dr Kushant Gupta, Hon Secretary Prof. Sandeep Sahu., Treasurer Dr Tanmay Tiwari.

ISA Noida GBN office bearers President Dr Peeyush Chaudhary, Vice President Dr Mukul Kumar Jain, Treasurer Dr Sameer Bolia, and various other national, city and state office bearers, faculty members and delegates were in attendance



Inauguration

The Inauguration was a glittering affair which began with traditional lamp lighting.

Dr Peeyush Chaudhary, ISA Noida GBN President, gave the welcome address.

Dr Virendra Sharma VP National was Chief Guest while Dr SS Bajwa Hon. Secretary ISA National was the guest of honour. A host of other dignitaries present during the ceremony included Dr Manoj Kumar Treasurer ISA National , Dr Rakesh Garg Editor-in-chief IJA, Dr Ramakrishna Reddy GC Coordinator and other national GC members, state office bearers and branch office bearers



Guest of Honour Dr SS Bajwa also encouraged the audience with his inspiring words and released an open access peer-reviewed journal "PEAK" and the new issue of ISA Official Newsletter "VAPOUR" during the ceremony.

Dr Kapil Singhal, Organising Secretary and UP ISA State President, closed the ceremony with a vote of thanks



Few eminent personalities were felicitated during the inauguration ceremony



Dr Ranveer Tyagi

1st ever President-Elect of ISCCM from UP



Dr Anil Gurnani

The City Branch "Sammaan"



Dr CK Dua

The City Branch "Sammaan"

Additionally dignitaries from ISA National, ISA UP State and ISA Noida GBN were felicitated the evening before.



Scientific Program

The scientific program comprised of critical topics in high risk obstetrics and paediatrics. Each speaker covered their topic extensively providing us with practical nuggets of information which we can apply in our everyday practise.

There were 2 panel discussions one of which covered the legal implications of consent, a topic of great practical implications



The CME also featured twenty paper and poster presentations by postgraduate students from various parts of Uttar Pradesh. The postgraduate students showcased some brilliant and interesting cases, from which the best two in each category were awarded during the closing ceremony

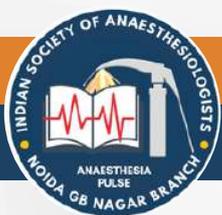
Some glimpses from the gala banquet dinner



Postscript

Guest of Honour Dr SS Bajwa Hon. Secretary ISA National in a remarkable gesture rarely seen at such events requested a standing ovation for the organizing team, acknowledging their exceptional dedication and hard work. All office bearers, organizing committee members and other members of ISA Noida GBN are full of gratitude for this magnanimous gesture.





Monthly Meet January



The monthly meet was conducted by Neo Hospital, Noida on 14th January 2025 in an Hybrid mode. The session included “Anaesthesia for Pituitary Surgery” by Dr Rashmi Bani Mahapatra, Consultant in Neuroanaesthesia. This session was moderated by Dr Sonia Mathur, Senior Consultant at Neo hospital. Another interesting topic “Risk Management Strategies for informed consent” was presented by Dr Sonia Mathur and moderated by Dr Peeyush Chaudhary President ISA Noida, GBN.

SYNOPSIS OF THE LECTURES-

ANAESTHESIA FOR PITUITARY SURGERY

- Most of the surgical resections of pituitary adenomas are now performed extracranially, via the transsphenoidal approach, with transcranial resection being reserved for occasions in which the trans-sphenoidal approach has failed, the tumour is large or when there is little or no intrasellar tumour. The advantages of the trans-sphenoidal approach are minimal surgical trauma and blood loss, direct access to the gland, and avoidance of the generic hazards of a craniotomy.
- General aims of anaesthesia for pituitary surgery are optimization of cerebral oxygenation, maintaining haemodynamic stability, providing conditions that facilitate surgical exposure, and rapid smooth emergence. Monitoring includes invasive arterial pressure monitoring in all cases.
- The choice of anaesthetic technique depends on the patients' comorbidities and past anaesthetic history. Antibiotics and i.v. hydrocortisone are administered during induction. Periods of intense surgical stimulation occur during deliberate nasal septal fracture and breaching of the sphenoid for access to the fossa. Short acting agents such as remifentanyl are ideal, allowing intraoperative haemodynamic control and facilitating rapid recovery. All patients who undergo transsphenoidal pituitary surgery should be nursed in a high dependency area after operation due to a risk of airway obstruction

“Risk Management Strategies for informed consent”

The informed consent process is a nondelegable duty that the healthcare provider who performing the treatment/ procedure must perform through discussions with the patient. The objectives of this guideline are to:

- Describe the framework for providing informed consent, including the scope, process, and essential information.
- Review legal and professional aspects in providing informed consent
- Discuss risk management considerations for informed consent in special populations
- Describe other important considerations related to informed consent, including separate consent processes, technology, and patient comprehension
- Discuss the process of informed refusal



ISA Noida Gautam Budh Nagar Branch in collaboration with NGO 'Nirantar Prayaas' celebrated WOMEN'S DAY on March 6th, 2025 at Nirantar Prayaas, Sector -70 Noida. The event Co-ordinator for the same was Dr Ankita Sharma, Consultant and Critical Care Specialist at Neo Hospital, Noida.

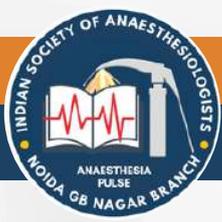
COLS Activity was conducted by Dr Kapil Singhal, Dr Peeyush Chaudhary, Dr Subrat Dam, Dr Mukul Kr Jain, Dr Kamini Jain, Dr Ankita Sharma and Dr Vibha Chhabra. It started with a power point presentation by Dr Ankita Sharma followed by hands on demonstration and teaching on the dummies to the attendees. The COLS activity was attended by approximately 15-20 people including the founder, co-founder of the NGO, teachers and other staff members. The activity was much appreciated by all the attendees stating it boosted their confidence in handling emergencies in future.

On the occasion of Women's Day, the Founders Mrs Madhuchhanda Mishra, Managing Director and Program Head, Founder Trustee at Nirantar Prayaas NGO and Mrs Anuradha Asthana, Vocational Centre and Functional Academics Head, Founder Trustee at Nirantar Prayas NGO, Noida were honored with Award Of Appreciation from ISA Noida Gautam Budh Nagar Branch. The two women were appreciated for their strong attitude and always doing their best for the autistic children.

The event was wrapped up by having a round at the NGO and seeing the activities, creativities and apparels made by these so talented autistic children. Vote of thanks was given by Dr Subrat Dam by appreciating Nirantar Prayas work with neurodiverse individuals and the enthusiasm of their staff.







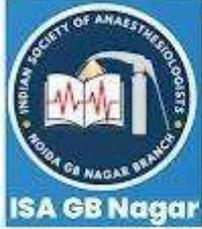
Online Academic Activity



Dr Ankita Sharma, Executive member of ISA GB Nagar working as Consultant Anaesthesiologist and Critical Care Specialist in Neo Hospital conducted a live continuing medical education session in collaboration with Clirnet on 27.12.2024 under the aegis of ISA GB Nagar in an online mode.

The topic of live CME was “ANAESTHETIC IMPLICATIONS IN THE MANAGEMENT OF AN ACUTE BURN CASE”. Dr Vishvindu Gaur, Consultant, Plastic and Reconstructive Surgeon at Sarvodaya Hospital, Greater Noida West and Assistant Professor at Rama Medical College Hapur, was the Panelist during the session. Positive feedback was received from the attendee; it underscored the importance of a live CME in such a difficult topic.

▶ LIVE CME



**Anaesthetic Implications in
The Management of
Acute Burn Case**



SPEAKER
Dr. Ankita Sharma
MBBS, MD (Anaesthesiology),
Executive Member ISA Noida GB Nagar



PANELIST
Dr. Vishvindu Gaur
MBBS, MS, MCh
Plastic and Reconstructive Surgeon, Noida

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27th December, 2024
6:30 PM - 7:30 PM

#ONLYFORDOCTORS

A fantastic dinner was organised for members along with their families to celebrate the successful organisation of ISA National Premier League and also to celebrate the colourful festival of Holi



Selfie Corner – National Premier League and Holi celebrations



Spring is a vibrant season when days get longer and milder. Apart from some important festivals during this period, it also is a time when beautiful flowers add to the colour all around

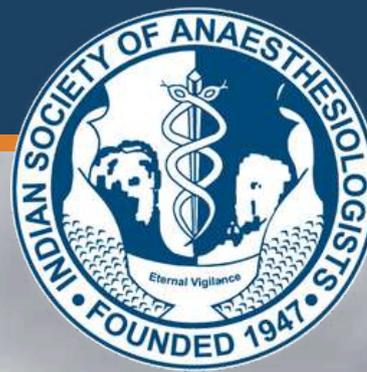
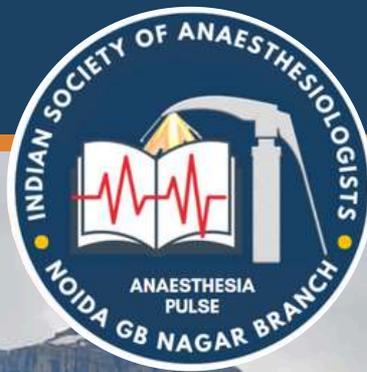


Bloomful clicks captured by Dr Priyankar Sarkar

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