



**ISA**  
Indian Society of  
Anaesthesiologists



**UTTAR PRADESH**  
**STATE BRANCH**

# Nishcheta

The official newsletter of ISA UP State

*Anesthetists: The Unsung Heroes Guarding  
Every Breath, Sustaining Every Beat*



Vol 3 - Issue 5 | 2025 - Oct to Dec





UTTAR PRADESH  
STATE BRANCH

# Nishchetak

## *Foreword*



This issue of **Nishchetak**, the official newsletter of ISA UP State Branch, celebrates anesthetists – the silent sentinels of modern medicine who work beyond the spotlight, ensuring every patient breathes safely and every heart keeps beating.

Greetings, fellow anesthetists! As 2025 draws to a close, we embark on a reflective journey with the year's final newsletter. As we celebrated **World Anaesthesia Day** all over the world, let us all remind ourselves why we chose this elite specialty – one that demands precision, vigilance, and unwavering dedication, often in moments when patients place their lives entirely in our hands.

Looking ahead, the **launch of Nishchetak** has been a pivotal moment for our community. Over the past year, it has fostered remarkable unity and collaboration among anesthesiologists, intensifying our shared commitment to excellence in patient care, academic advancement, and professional growth. We welcome continued collaborations, contributions, and suggestions from the anesthesia fraternity.



# Nishchetak

## Table of Contents

Glimpses: Voices, Milestones, and Moments that shaped us



<b>Sno</b>	<b>Title of the Page</b>	<b>Page No</b>
1.	Foreword	2
2.	Table of Contents	3
3.	Executive Members of ISA UP State	4
4.	Editorial Board, ISA UP State	5
5.	Message from the President, ISA UP State	6
6.	Message from Honorary Secretary, ISA UP State	7
7.	Passing on the Baton	8
8.	From the editor's desk, Nishchetak	9
9.	Voice of Experience: Wisdom from our esteemed retired faculty	10
10.	Inauguration of ISA UP State Website	11
11.	ISA UP State News & Activities	12
12.	City Branches News & Activities	13
	• ISA Agra	14
	• ISA Bareilly	15
	• ISA Jhansi	17
	• ISA Kanpur	20
	• ISA Lucknow	23
	• ISA Meerut	26
	• ISA Moradabad	27
	• ISA Noida GB Nagar	28
	• ISA Prayagraj	37
	• ISA Saifai	41
13.	Test your Acumen : Anesthesia Quiz	44
14.	Literary Musings	48
15.	Excellence illuminated : Celebrating our achievers	51
16.	Upcoming Activities	57



# Nishchetak

## *Executive Committee, ISA UP State*



**President**  
Dr Rajeev Kumar Dubey



**Vice- President**  
Dr. Kushant Gupta



**Honorary Secretary**  
Dr Tanmay Tiwari



**President Elect**  
Prof. Sandeep Sahu



**Treasurer**  
Dr Divya Srivastava



**Imm. Past President**  
Dr Kapil Singhal

## *Executive Members*

Dr. Dharmendra Yadav  
Dr. Neetu Singh  
Dr. Somnath Longani  
Dr. Ashoo Hirani

Dr. Vaibhav Tiwary  
Dr. Rajneesh Mishra  
Dr. Ankit Kumar  
Dr. Amrita Rath



# Nishchetak

## *Editorial Board, ISAP UP State*



**Editor**

Dr Bhavya Naithani Dube

## *Editorial Board Members*



Dr Divya Srivastava  
**ISA Lucknow**



Dr Amrita Gupta  
**ISA Agra**



Dr Neha Mishra  
**ISA Kanpur**



Dr Ankita Sharma  
**ISA Noida GBN**



Dr Pallavi Singh  
**ISA Prayagraj**



Dr Chavvi Sethi  
**ISA Jhansi**



Dr Dharmendra Kumar Yadav  
**ISA Prayagraj**



## Nishchetak



### ***Message from President, ISA UP State***



Dear Colleagues and Members,

It gives me great pleasure to connect with you through Nishchetak and share important developments within the ISA Uttar Pradesh Chapter.

A significant recent achievement is the launch of the official ISA UP website, designed to serve as an academic and organisational hub. Members can now easily access updates, educational resources, event information, and chapter activities through this platform. I encourage everyone to visit and make the most of this initiative to enhance communication across the state. It is also heartening to induct the Ayodhya city branch as the 18th city branch of Isa, Uttar Pradesh State. I welcome the members of the newly established Ayodhya city branch, and congratulate Dr J P Tiwari and his team for the same.

In our continued pursuit of academic excellence, ISA UP webinars have been held regularly, with enthusiastic participation from anaesthesiologists across Uttar Pradesh. These webinars have covered relevant and contemporary topics in anaesthesiology, critical care, pain medicine, and perioperative management, fostering meaningful academic exchange and professional growth.

Looking ahead, ISA UP has planned a range of programmes, including Continuing Medical Education (CMEs) sessions focusing on recent advances, annual and regional conferences to foster academic exchange, hands-on workshops targeting skill development, academic activities tailored for residents, leadership training for members, and specialised skill-enhancement opportunities. Our collective goal remains to promote learning, collaboration, and professional well-being, while upholding the highest standards of patient care.

I would also like to emphasise the importance of Nishchetak, our newsletter, as a voice of ISA UP. I warmly encourage all members—senior colleagues, young consultants, and residents alike—to contribute articles, academic write-ups, innovations, case experiences, achievements, and chapter news for publication. Your active participation will enrich the newsletter and make it a true reflection of our collective academic and professional journey.

I extend my sincere appreciation to the editorial team, Executive Committee, and every ISA UP member for their steadfast commitment and support. Together, let us continue working with unity, passion, and purpose to elevate ISA UP to even greater heights.

Long live ISA!

With warm regards and best wishes,

*Rajeev Kumar Dubey*

**Dr. Rajeev Kumar Dubey**



## Nishchetak



### ***Message from Secretary, ISA UP State***



Dear Members, Colleagues, and Esteemed Anesthetists of the Indian Society of Anaesthesiologists (UP State Branch),

As I resume the role of Secretary for our esteemed branch—the vital backbone of anesthesia in Uttar Pradesh, where skilled hands master airways, stabilize hemodynamics, and safeguard lives in the most critical moments—it is high time we step out from behind the curtain and make our invaluable work visible to the world. While working discreetly in the shadows of the operating theatre has always been our calling, our tireless efforts deserve recognition by the general public. This visibility is not just rewarding; it is essential for the growth and success of our branch in the years ahead.

That's why, since our executive team resumed office, we have launched the official ISA UP Website and active social media pages on Facebook, Twitter, LinkedIn, and Instagram. These platforms will showcase our contributions, educational initiatives, and life-saving expertise to a wider audience.

Please follow us and visit regularly:

Website: <https://www.isaupstate.com>

LinkedIn - <https://www.linkedin.com/in/isauphq/>

Instagram - <https://www.instagram.com/isauphq/>

Facebook - <https://www.facebook.com/isauphq/>

X Account- <https://x.com/isauphq>

Let us all endeavour to build a stronger community—contribute your expertise, case studies, and insights to our new ISA UP website, and come together as one unbreakable force! Your voice matters. Join us today.

Together, let's amplify our voice, inspire the next generation, share, engage, and be part of this vital movement!

Warm regards,

**Dr. Tanmay Tiwari**



## Nischetak



### ***Passing on the Baton: Welcoming the New Editorial Team of Nischetak***

Change is the only constant in any vibrant academic journey, and with change comes renewal, fresh perspectives, and new energy. As Nischetak, the official newsletter of ISA UP, turns another important page in its journey, it is both a moment of reflection and celebration as the editorial baton is gracefully passed on to a new team.

Over the past years, Nischetak has evolved from being a simple newsletter into a respected academic and professional platform—one that reflects the voice, aspirations, and achievements of anesthesiologists across Uttar Pradesh. It has served as a chronicle of academic activities, conferences, innovations, and the collective spirit of our fraternity. This transformation has been possible only because of the unwavering support of ISA UP leadership, contributors and readers, who believed in the vision of making Nischetak a meaningful medium of connection and learning.

Editing a newsletter is not merely about compiling content—it is about storytelling, responsibility, and representation. It requires balancing academic rigor with accessibility, honoring tradition while embracing innovation, and most importantly, giving space to diverse voices within our specialty. It has been a privilege to serve in this role and to witness all the contributed articles, shared experiences, and celebrated milestones through these pages.

As we welcome the new editorial team, it gives me great pleasure to formally introduce Dr. Bhavya Naithani as the new Editor of Nischetak. Dr. Naithani brings with her enthusiasm, academic commitment, and fresh vision that will undoubtedly enrich the newsletter. In an era where academic communication is rapidly evolving, Nischetak stands poised to expand its reach, relevance, and impact under her capable leadership—embracing digital engagement, encouraging young authors, and continuing to highlight excellence in clinical practice, research, and education.

I urge all ISA UP members to extend their wholehearted support to Dr. Bhavya Naithani and her editorial team—by contributing articles, sharing clinical experiences, mentoring young writers, and engaging actively with the newsletter. A publication thrives not because of its editors alone, but because of the collective participation of its readership.

As this baton is passed, it is done with gratitude, pride, and faith in continuity. Nischetak remains a shared legacy and a living document of our professional journey—one that will continue to grow, adapt, and inspire.

Wishing Dr. Bhavya and the new editorial team every success as they embark on this important responsibility. May Nischetak continue to inform, connect, and inspire anesthesiologists across the state and the country. With best wishes for the journey ahead

*Dr. Divya Srivastava*

**Dr. Divya Srivastava**



# Nishchetak



## Editor's Note, Nishchetak



As J.K. Rowling once said, "Words are, in my not-so-humble opinion, our most inexhaustible source of magic." It is this very magic of words – their power to connect, inspire, and transform – that brings me immense joy as I step into the role of Editor for our cherished magazine, ISA Newsletter, UP State. Having contributed actively to this newsletter over the years, it is an honour and a privilege to now take on the responsibility of shaping its future direction. It is with immense pride and gratitude that I step into the role of Editor for Indian Society of Anesthesiology, UP state. To follow in the footsteps of those who have shaped and strengthened this publication is both an honour and a responsibility I deeply cherish. Our specialty has always embodied quiet excellence – we remain unseen yet indispensable, working in the shadows to ensure that every heartbeat, every breath, and every awakening from anesthesia is safe and smooth.

The theme for this edition, "Anesthetists: The Unsung Heroes," celebrates precisely that spirit. Each day, we combine science with vigilance, compassion with precision, and teamwork with calm resilience. Whether it is in the operating theatre, ICU, or rural outreach, anesthesiologists continue to redefine patient safety and multidisciplinary collaboration in ways that often go unnoticed.

This edition pays tribute to the quiet strength and unwavering commitment that define our specialty. In the operating room or ICU, in rural health centres or academic forums, anesthesiologists continue to stand guard over every breath and heartbeat, often away from the spotlight but never from significance.

As Editor, my vision is to transform this magazine into a vibrant platform that reflects the evolving face of our profession – bringing together original ideas, innovations in practice, and stories of personal and collective growth. As we continue this journey together, I envision this publication as more than just a repository of updates – a living, breathing reflection of our community's experiences, innovations, and spirit of continuous learning.

I invite each of you to share your thoughts, stories, and research so that our collective voice becomes the heartbeat of this magazine. Let us celebrate the progress of anesthesiology not only as a science but as an art that touches every life it safeguards.

Let the magic of words continue to spread – inspiring collaboration, celebrating dedication, and reminding the world that behind every safe surgery stands an anesthetist – the quiet hero of healing.

Here's to a new chapter of shared learning, collaboration, and recognition for every anesthetist – the true unsung hero of modern medicine.

Warm regards

**Dr Bhavya Naithani Dube**



## Nishchetak



### ***Voice of Experience: Wisdom from our esteemed retired faculty***

*“Growing older is like climbing a mountain – the higher you go, the more breathless you may get, but the view becomes more profound. Our retired teachers in anesthesia now stand at the summit, sharing the panoramic wisdom of a lifetime in our new section - Voice of Experience: Wisdom from our esteemed retired faculty.”*



Dear students and junior colleagues, As I reflect on my years in the operating theatre and classroom, I am filled with immense pride in the future of anesthesiology, which rests firmly in your hands.

Anesthesiology is more than just pharmacology and monitors, it is an art of vigilance, precision and profound empathy. Never forget that you are the ultimate safety net, the silent guardian at the head of the bed, holding a patient’s life in your balance act. Treat every case – from simplest procedure to the most complex cardiac surgery – with the same meticulous attention.

Embrace continuous learning. The field is evolving rapidly – from enhance recovery pathways to regional anesthesia techniques and sophisticated neuro monitoring. Read widely, question everything and never be too proud to ask for help or seek a second opinion.

Humanity saves lives. Finally, look after one another. The demands of our specialty are high; build a supportive network. Mentor your juniors, respect your seniors and remember the human element in medicine. It has been an honor to serve alongside you. I wish you all rewarding and impactful careers.

With my warmest regards,

**Dr. Dinesh Singh**  
**EX. Professor of Anesthesiology and critical care**  
**King George’s Medical University, Lucknow, U.P.**



## Inauguration of ISA UP State Website



ISA UP Website Inauguration in association with Medtronic at Hotel Renaissance, Lucknow on 24th of January 2026 in August presence of distinguished guests in the field of Anaesthesiology and Critical care. A great initiative of digitalizing all the activities of IDA UP state on one digital platform





## *ISA UP State News & Activities*



### **Branch News World Anesthesia Day celebrations**

- ISA Uttar Pradesh celebrated World Anaesthesia Day 2025 vibrantly, showcasing the society's commitment to education and patient safety across the state.
- UP branches excelled in national awards for outstanding city-small branch events, featuring awareness programs, quizzes, and skill workshops
- Events emphasized the theme "Anaesthesiology in Health Emergencies," with interactive quizzes on history and techniques, guest orations, and public demos—fostering resident training and awareness. These gatherings reinforce teamwork in ORs and ICUs statewide



UTTAR PRADESH  
STATE BRANCH

**Nishcheta**

***ISA UP***  
***City Branches***  
***News & Activities***



## ISA Agra



### CPR AWARENESS WEEK 2025 HIGHLIGHTS , ISA with IMA AGRA

Keeping up the energy of the Nationwide CPR Awareness Week (13-17 Oct 2025) under the aegis of MOHFW, our ISA Agra family continued to spread the life-saving message loud and clear. 1. Dr. Diptimala Agarwal led an interactive CPR training at St. John Inter College, inspiring young students to be first responders in emergencies. 2. Dr. Vandana Kalra conducted a practical and power-packed session at Rainbow Hospital, training healthcare workers in high-quality CPR. 3. Dr. Siddhartha Agarwal carried the mission forward at Firozabad Medical College, guiding medical students through real-life resuscitation techniques. Every compression counts, every trained hand saves lives. Let's keep the rhythm going as we move ahead in our mission to make CPR a common skill in every home and heart.





# Nishchetak

## ISA Bareilly



### 16th Oct WAD celebration

1. Team installation
2. Kids games
3. Coyples games
4. Cake cutting
5. Ramp walk
6. Felicitation of senior members





## ISA Bareilly



On 4th Dec 2025 CPR workshop was organised by ISA Bareilly





## ISA Jhansi



### Difficult Airway Workshop



### BLS ACLS



# Nishchetak

## ISA Jhansi



झाँसी : युवाओं को बीएलएस का प्रशिक्षण देते विशेषज्ञ।



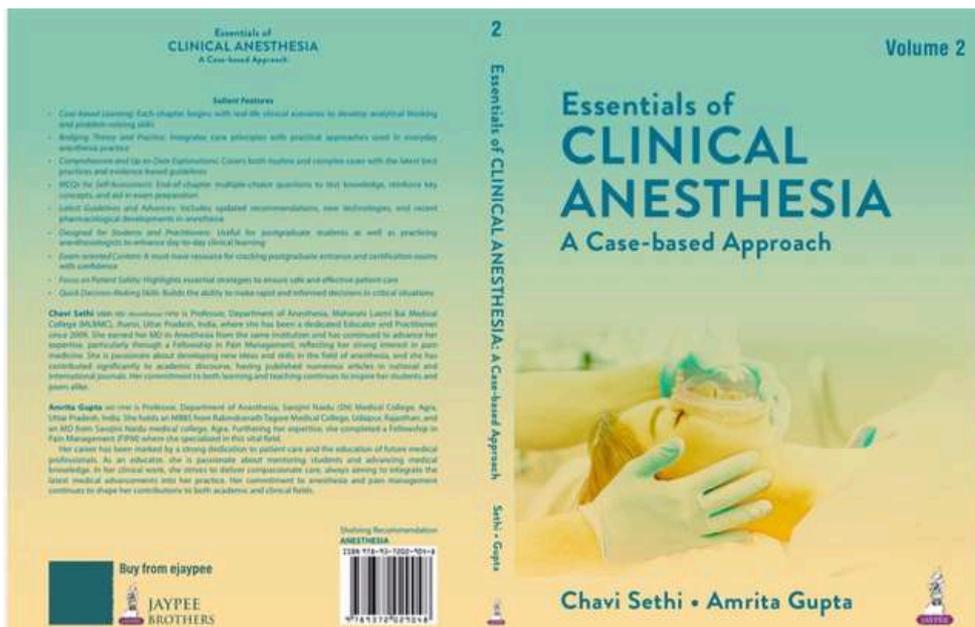


# Nishchetak

## ISA Jhansi



“Essentials of Clinical Anesthesia” by Dr. Chavi Sethi and Dr. Amrita Gupta was formally launched at ISACON Lucknow in the presence of eminent anesthesiologists and the ISA Executive Committee, signifying strong national academic endorsement. Published by Jaypee Brothers, it is a concise, clinically oriented, exam-focused text designed for postgraduates, senior residents, and practicing anesthesiologists, emphasizing clear concepts and real-world applicability. Senior faculty have praised its relevance to contemporary practice and postgraduate teaching, and the launch was noted as an academic highlight of the conference, receiving enthusiastic appreciation from delegates and faculty





# Nishchetak

## ISA Kanpur



World Anaesthesia day celebration 16TH OCTOBER





## ISA Kanpur



Various hospitals of Kanpur , doing CPR drive for world anaesthesia day on 16 th October 2025





# Nishchetak

## ISA Kanpur

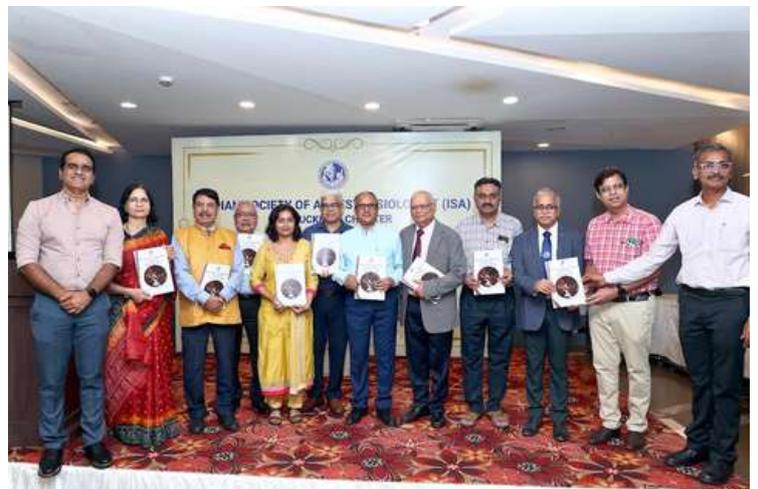




## ISA Lucknow



The ISA Lucknow City Branch celebrated World Anaesthesia Day 2025 on 16th October 2025 at Hotel Dayal Paradise, Gomtinagar, Lucknow, with over 100 anaesthesiologists from various institutes participating in this academic and cultural event. A major highlight of the evening was the prestigious Prof. Deepak Malviya Oration, delivered by Prof. Mukul Chandra Kapoor, Professor & Head, Department of Anaesthesiology and Critical Care, Amrita Hospital, Faridabad, on the theme "Evolution from Ether Bottle to Artificial Intelligence." The celebration also featured several awards and recognitions, including the Golden Laryngoscope Award (Best PG Paper Presentation) presented to Dr. Kaushal, Dr. Bikash Kumar Noil, and Dr. Twarita Singh. The Col. R.K. Tripathi Award for Outstanding Achievements was conferred upon Dr. Shefali Gautam. Lifetime Achievement Awards were presented to Prof. Dinesh Singh and Dr. Sanjay Kumar Doharey. The ISA Lucknow City Appreciation Awards were awarded to Dr. Kapil Rastogi and Dr. Priyesh. In the Young Entrepreneur (Private Practitioner) Category, awards were presented to Dr. Amit Tyagi, Dr. Jagdeep Verma & Dr. Dipanshu Mallan, and Dr. Amitesh Tyagi. Appreciation certificates were also given to outgoing Executive Committee members in recognition of their dedicated service to the ISA Lucknow Chapter. The evening included a Drawing Competition that showcased the artistic talents of anaesthesiologists, along with the release of the ISA Lucknow Annual Newsletter (Editor - Dr. Indubala Maurya), which highlighted the chapter's academic, social, and cultural activities over the past year. The event concluded with the introduction of the newly elected Executive Committee members, followed by a fellowship dinner.





# Nishchetak

## ISA Lucknow

### Upcoming events:

- Cadaveric Workshop on USG-guided regional anaesthesia on 13-14 Dec 2025 at KGMU Lucknow.

### CADAVERIC WORKSHOP

on USG-Guided Peripheral Nerve Block (Ultrasound-Guided Regional Anaesthesia)

Organized by:  
Department of Anaesthesia, KGMU, Lucknow  
In collaboration with CRAB-AORA (Cadaveric Research Academic Board - Academy of Regional Anaesthesia) and Department of Anatomy, KGMU, Lucknow Under the aegis of ISA Lucknow City Branch

**December 2025**  
**13<sup>th</sup> & 14<sup>th</sup>**  
**(Saturday & Sunday)**

**Venue:**  
King George's Medical University (KGMU), Lucknow

**Very Limited Seats. Register Early!**  
[REGISTER NOW](#)

### CADAVERIC WORKSHOP

on USG-Guided Peripheral Nerve Block (Ultrasound-Guided Regional Anaesthesia)

**MEET OUR GENIUS**

**ORGANISING TEAM**

### CADAVERIC WORKSHOP

on USG-Guided Peripheral Nerve Block (Ultrasound-Guided Regional Anaesthesia)

**PROGRAM SCHEDULE**

**Day 1 – Saturday, 13th December 2025**

- 12:30 PM – 01:00 PM : Inauguration Ceremony
- 01:00 PM – 01:30 PM : Registration & High Tea
- 01:30 PM – 01:45 PM : Understanding sonoanatomy of plexus and nerves  
First Lecture - Dr. Divesh Arora
- 01:45 PM – 02:00 PM : Importance of CAD workshop for Regional Anesthesiologist  
Second Lecture - Dr. Sandeep Diwan
- 02:00 PM – 05:30 PM : Masterclass: Upper Limb, Lower Limb, Abdominal & Truncal Blocks

**WORKSHOP HIGHLIGHTS**

- Lectures by national experts in USG-guided RA
- Hands-on ultrasound scanning on cadavers
- Supervised practice of safe needling techniques
- Separate sessions for upper & lower limb blocks
- Interactive learning with real-time feedback
- Certificate of participation

### CADAVERIC WORKSHOP

on USG-Guided Peripheral Nerve Block (Ultrasound-Guided Regional Anaesthesia)

**Day 2 – Sunday, 14th December 2025**

- 08:30 AM – 09:00 AM : Breakfast & Registration
- 09:00 AM – 01:30 PM : Cadaveric stations Hands-on Scanning & Needling
- 01:30 PM – 02:30 PM : Lunch Break
- 02:30 PM – 04:00 PM : Demonstration of Injection technique on Cadaver by faculty

Station 1	Supine CAD Brachial plexus IS SC IC CC AX	Dr. Himanshu Dr. Babita Dr. Rashmi
Station 2	Upper Truncals PEC SAP Parasternal RSB Supine CAD	Dr. Divesh Dr. Shishir
Station 3	Lower truncals Subcostal TAP TAP I/IIH Supine CAD	Dr. Venkatesh Dr. Reena
Station 4	PENG SIFI FN LFCN OB Supine CAD	Dr. VJohn MK Dr. Anupam
Station 5	LP SP QL Lateral CAD	Dr. Sandeep Diwan Dr. Meha Kulkarni Dr. Javed Khan

**Registration Fees**  
PG Students: ₹5000/-  
**ONLY LIMITED SEATS 50**  
Consultants/Delegates: ₹6500

For Online Registration  
Account Holder's Name: INDIAN SOCIETY OF ANAESTHESIOLOGIST (Lucknow chapter)  
Account Number: 5206574475  
IFSC Code: SBIN0097789, Branch: SGPOI Lucknow



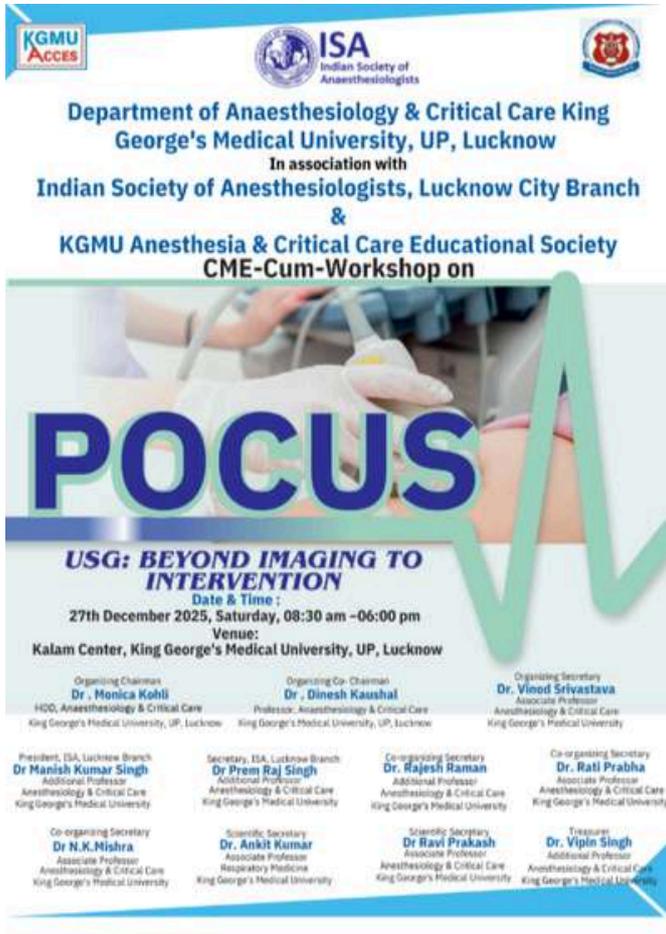
# Nishchetak

## ISA Lucknow



### Upcoming events:

- CME cum workshop on POCUS on 27 Dec 2025 at KGMU, Lucknow



**KGMU ACCES** **ISA** Indian Society of Anaesthesiologists

**Department of Anaesthesiology & Critical Care King George's Medical University, UP, Lucknow**  
In association with  
**Indian Society of Anesthesiologists, Lucknow City Branch**  
&  
**KGMU Anesthesia & Critical Care Educational Society**  
**CME-Cum-Workshop on**

# POCUS

**USG: BEYOND IMAGING TO INTERVENTION**  
Date & Time :  
**27th December 2025, Saturday, 08:30 am –06:00 pm**  
Venue:  
**Kalam Center, King George's Medical University, UP, Lucknow**

Organizing Chairman  
**Dr. Monica Kohli**  
HOD, Anaesthesiology & Critical Care  
King George's Medical University, UP, Lucknow

Organizing Co-Chairman  
**Dr. Dinesh Kaushal**  
Professor, Anaesthesiology & Critical Care  
King George's Medical University, UP, Lucknow

Organizing Secretary  
**Dr. Vinod Srivastava**  
Associate Professor  
Anaesthesiology & Critical Care  
King George's Medical University

President, ISA, Lucknow Branch  
**Dr Manish Kumar Singh**  
Additional Professor  
Anaesthesiology & Critical Care  
King George's Medical University

Secretary, ISA, Lucknow Branch  
**Dr Prem Raj Singh**  
Additional Professor  
Anaesthesiology & Critical Care  
King George's Medical University

Co-organizing Secretary  
**Dr. Rajesh Raman**  
Additional Professor  
Anaesthesiology & Critical Care  
King George's Medical University

Co-organizing Secretary  
**Dr. Rati Prabha**  
Associate Professor  
Anaesthesiology & Critical Care  
King George's Medical University

Co-organizing Secretary  
**Dr N.K.Nishra**  
Associate Professor  
Anaesthesiology & Critical Care  
King George's Medical University

Scientific Secretary  
**Dr. Ankit Kumar**  
Associate Professor  
Respiratory Medicine  
King George's Medical University

Scientific Secretary  
**Dr Ravi Prakash**  
Associate Professor  
Anaesthesiology & Critical Care  
King George's Medical University

Treasurer  
**Dr. Vipin Singh**  
Associate Professor  
Anaesthesiology & Critical Care  
King George's Medical University



**KGMU ACCES** **ISA** Indian Society of Anaesthesiologists

### POCUS WORKSHOP SCHEDULE

**27th December 2025, Saturday, 08:30am-06:00pm**  
Venue: Kalam Center, King George's Medical University, UP, Lucknow

08:30 – 09:00 Registration  
09:00 – 09:20 CME 1: Principles and Practical Aspects of Ultrasound: From Physics to Knobiology and Artefacts  
09:20 – 9:40 CME 2: Documentation, Credentialing & Medico-legal Aspects of POCUS  
09:40 -11:00 CME 3: POCUS for Common ICU and Emergency Procedures- A Practical Approach: Video sessions  
1. Ultrasound-Guided Pericardiocentesis [15 min]  
2. Ultrasound-Guided Pleural Effusion Drainage / Intercostal Tube Placement [15 min]  
3. POCUS for Airway Management (ETT/ DLT confirmation, tracheostomy guidance) [10 min]  
4. Neuro-POCUS in Head Injury / Raised ICP (IHSD, TCD) [15 min]  
5. Abdominal FAST / eFAST for Trauma and Shock Evaluation [15 min]  
6. Ultrasound-Guided Central Venous Cannulation (IIV/ Subclavian / Femoral) [10 min]  
7. Role of ultrasound in gastric volume in perioperative period [10 min]  
11:00 – 11:45 Inauguration & Felicitation  
11:45 – 12:00 Tea Break  
12:00 – 12:45 Quiz (Interactive Case Discussion)  
12:45-1:30 Lunch  
01:30 – 2:10 Station 1: Basic USG Principles & Knobiology  
2:10 – 02:50 Station 2: Role of USG in Airway  
02:50 – 03:30 Station 3: Brain Ultrasound  
03:30 – 03:40 Tea Break  
03:40 – 04:20 Station 4: Lung Ultrasound  
04:20 – 05:00 Station 5: Cardiac Echo (Focused/Basic TTE)  
05:00 – 05:40 Station 6: eFAST (Trauma Protocol)  
05:40 – 06:00 Prize Distribution & Closing Remarks

Scan for Registration  


Scan for Payment  


<https://forms.gle/jcQKBBEHgLPFAcdA>

Registration Fee  
Rs 2000 (till 10/12/25)  
Rs 2500 (11/12/25 to 26/12/25)  
Rs 3000 on 27/12/25 (Spot)

Indian Bank Account number-50477543792  
Name- KGMU ANESTHESIA & CRITICAL CARE  
EDUCATIONAL SOCIETY  
IFSC code- IDIB000K656

For More Details, contact Dr Vinod Srivastava, 09415795564

# Nishchetak

## ISA Meerut



Family meet and Life Time Achievement award in Meerut ISA branch.

Venue: Harmony Inn hotel, Meerut

Activities organized:

- Cultural programme for family members
- Life time Achievement Award was given to Dr Ambesh Pawar
- Newly elected governing body of Meerut ISA was declared and given charge





# Nishchetak

## *ISA Moradabad*



World Anaesthesia Day Celebration | Venue : Moradabad club

Activities organised - General body meeting, Talks from Senior members, guidance to students pursuing MD/DA/DNB in Moradabad





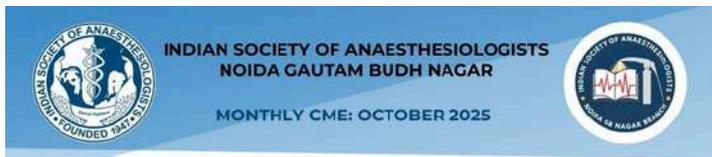
# Nishchetak

## ISA Noida GB Nagar



### Monthly CME October

Monthly CME was done on 28.10.2025 ( OCTOBER )at ESI Noida on the topic 'NAVIGATING THROUGH FLAMES - MANAGEMENT OF POST BURN CONTRACTURE PATIENT' by Dr Brkha Bharti and another topic was 'BEYOND THE OPERATING ROOM : THE EXPANDING FRONTIERS OF ANAESTHESIA IN NORA : SETTINGS' by Dr Surbhi Tyagi which was conducted in offline mode. The CME was attended by approx. 20 attendees.



#### EXECUTIVES

- Dr. Sonia Mathur
- Dr. Poonam Motiani
- Dr. SL Bakshi
- Dr. Rahul Singh
- Dr. Ankita Sharma
- Dr. Deepak Thapa
- Dr. Vibha Chhabra



#### NAVIGATING THROUGH FLAMES - MANAGEMENT OF POST BURN CONTRACTURE PATIENT



PRESENTER  
DR BARKHA BHARTI



MODERATOR  
DR SEEMA KALRA

#### SENIOR ADVISORY BOARD

- Dr. Subrata Datta
- Dr. Satyendra Kumar
- Dr. Kamini Jain
- Dr. Anshumali Choudhary
- Dr. Deepak Krishna

#### SCIENTIFIC COORDINATOR

- Dr. Nazia Nazir

#### EDITOR IN CHIEF

- Dr. Priyankar Sarkar

#### TECHNICAL & SOCIAL MEDIA

- Dr. Amandeep Singh Cheema

#### SPORTS & CULTURAL COMMITTEE

- Dr. Vinay Shukla
- Dr. Kanika Goyal

#### BEYOND THE OPERATING ROOM: THE EXPANDING FRONTIERS OF ANAESTHESIA IN NORA- SETTINGS



PRESENTER  
DR SURBHI TYAGI



PRESENTER  
DR SUVIDHA SOOD



MODERATOR  
DR ARCHANA LAKRA

MODE: OFFLINE  
28 OCTOBER 2025 - 1-2 PM  
VENUE- ESIC MEDICAL COLLEGE AND HOSPITAL, NOIDA





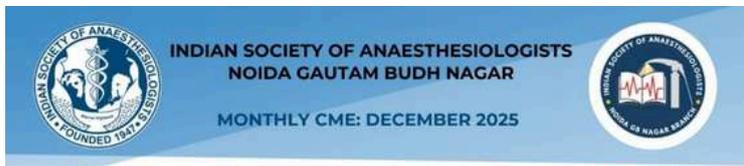
# Nishchetak

## ISA Noida GB Nagar



### Monthly CME November

November CME was conducted at NEO HOSPITAL, Noida on 06.12.2025 in offline mode . The topic was 'GREEN ANAESTHESIA' presented by Dr Ksheitij Arya. The CME was followed by GBM attended by 10 members of the branch. The cme was attended by approx. 25 people and was largely appreciated by all as the topic was very challengeing and brought new insights to vision.



#### EXECUTIVES

- Dr. Poonam Motiani
- Dr. SL Baskhi
- Dr. Ankita Sharma
- Dr. Vibha Chhabra
- Dr. Manish Bharti
- Dr. Seema Kalra

#### SENIOR ADVISORY BOARD

- Dr. Subrata Datta
- Dr. Satyendra Kumar
- Dr. Kamini Jain
- Dr. Anshumali Choudhary
- Dr. Deepak Krishna

#### SCIENTIFIC COORDINATOR

- Dr. Nazia Nazir

#### EDITOR IN CHIEF

- Dr. Priyanka Sarkar

#### TECHNICAL & SOCIAL MEDIA

- Dr. Amandeep Singh Cheema

#### SPORTS & CULTURAL COMMITTEE

- Dr. Vinay Shukla
- Dr. Kanika Goyal



### TOPIC - GREEN ANAESTHESIA



PRESENTER  
DR. KSHEITIJ ARYA



MODERATOR  
DR SONIA MATHUR

MODE: OFFLINE

FOLLOWED BY GBM

6<sup>TH</sup> DECEMBER 2025 - 4.30 PM ONWARDS

VENUE- NEO HOSPITAL, SECTOR 50, NOIDA





# Nishchetak

## ISA Noida GB Nagar



### Monthly CME December

December CME was conducted in offline mode on 26.12.2025 at Cloudnine Hospital, Pari Chowk, Greater Noida. The topic was 'PERIPARTUM CARDIOMYOPATHY - AN OBSTETRIC NIGHTMARE' which was concisely presented by Dr Vivek Singh. The meet was attended by 15 members.

**INDIAN SOCIETY OF ANAESTHESIOLOGISTS  
NOIDA GAUTAM BUDH NAGAR**

MONTHLY CME: DECEMBER 2025

**EXECUTIVES**

- Dr. Poonam Motiani
- Dr. SL Bakshi
- Dr. Ankita Sharma
- Dr. Vibha Chhabra
- Dr. Manish Bharti
- Dr. Seema Kalra

**SENIOR ADVISORY BOARD**

- Dr. Subrata Datta
- Dr. Satyendra Kumar
- Dr. Kamini Jain
- Dr. Anshumali Choudhary
- Dr. Deepak Krishna

**SCIENTIFIC COORDINATOR**

- Dr. Vibha Chhabra

**EDITOR IN CHIEF**

- Dr. Priyanka Sarkar

**TECHNICAL & SOCIAL MEDIA**

- Dr. Amandeep Singh Cheema

**SPORTS & CULTURAL COMMITTEE**

- Dr. Vinay Shukla
- Dr. Kanika Goyal

**TOPIC - PERIPARTUM CARDIOMYOPATHY**

**PRESENTER**  
DR VIVEK SINGH,  
CONSULTANT ANAESTHESIA

**MODERATOR**  
DR PEEYUSH CHAUDHARY

**MODE: OFFLINE**  
**26<sup>TH</sup> DECEMBER 2025 - 4.00 PM ONWARDS**  
**VENUE- VENUE CLOUDNINE HOSPITAL, PARI CHOWK, GREATER NOIDA**

isanoidagbnagar@gmail.com www.isanoidagbnagar.com



# Nishchetak

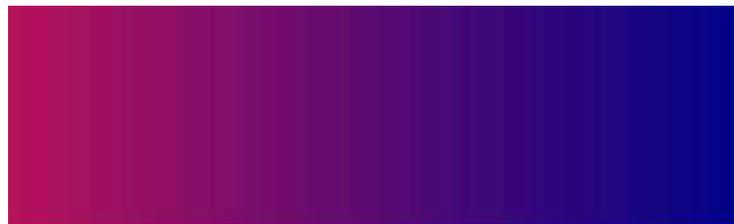
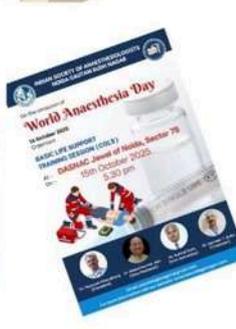
## ISA Noida GB Nagar



### WORLD ANAESTHESIA DAY 2025 CELEBRATIONS

On the occasion of WORLD ANAESTHESIA DAY, 2025 ISA NOIDA G.B NAGAR organised a four day drive of COLS SESSIONS in four different housing societies of the city starting on the 12th October, 2025.

The sessions started with introduction of the team and educating the public about the role of anaesthesiologists and stressing upon Pre Anaesthesia Assessment. COLS was explained by the team and members of public were given opportunity to have hands on experience with CPR mannequins.





# Nishchetak

## ISA Noida GB Nagar



WAD 2025 was also celebrated on 16 th October 2025 in PGICH, NOIDA under the aegis of IAPA and ISA NOIDA GBN by academic session and delivering an overview of Paediatric BLS giving hands on to each and all by the department of Paediatric Anaesthesia.

**WORLD ANAESTHESIA DAY CELEBRATION**  
(Under the Aegis of IAPA and ISA NOIDA GBN)  
**16th October 2025**  
Venue: Conference Hall, 5th Floor, PGICH, Noida

<b>CHIEF PATRON</b> Prof. A. K. Singh Director, PGICH	<b>ORGANISING CHAIRMAN</b> Dr. Mukul Kumar Jain CMS, Prof. And Head Paediatric Anaesthesia, PGICH	<b>ORGANISING CO CHAIRMAN</b> Dr. Poojam Motiani Professor Paediatric Anaesthesia, PGICH
<b>ORGANISING SECRETARY</b> Dr. Anvrit Kaur Assistant Professor Paediatric Anaesthesia, PGICH	<b>ORGANISING CO SECRETARY</b> Dr. Bhumika Kalra Assistant Professor Paediatric Anaesthesia, PGICH	

We take great pleasure in inviting you to celebrate World Anaesthesia Day on 16th October 2025 Organized by Department of Paediatric Anaesthesia, PGICH, Sec 30, Noida

Dr. Chiranjit



TIME	EVENT	VENUE
11:00 - 11:30	SGS for students of Anaesthesia and Pediatric cases on importance of Pre Anaesthetic Checkup	Reception Hall, Ground Floor, PGICH, Noida
1:30 - 2:00	Lunch	
2:00 - 2:30	Welcome Address - Dr. Mukul Kumar Jain	5th Floor, Conference Hall, PGICH
2:30 - 2:45	History of Anaesthesia - Dr. Poojam Motiani	
2:45 - 2:55	Fellowship of the Branch, PGICH Initiated by cake cutting	
2:55 - 3:40	Overview of Paediatric BLS - Dr. Anvrit Kaur and Pre training assessment	
3:40 - 3:55	Hands on Training: Drug of Paediatric Anaesthesia	
3:55 - 4:30	Post training assessment - Dr. Bhumika Kalra	

The Day of celebrations on 16 th October ended in a best way by Dr Kapil Singhal, President ISA UP by being on air , spreading awareness about Anaesthesia Fraternity amongst general public and answering their queries. Special thanks to Akash Vani 102.6 RM for having him as a Guest.

**RADIO DOCTOR**  
On 16th October 2025, at 3:00 PM  
**SPECIAL ON  
WORLD ANAESTHESIA DAY**

**EXPERT  
DR. KAPIL SINGHAL**  
Director & Head, Anaesthesia & Critical Care & President, Indian Society of Anaesthesiologists (ISAI)

Send your queries on  
WhatsApp: 9868107070  
Or Call: 011-23421080 / 23421082  
Producer - Shalini Mittal

On Akashvani Rainbow (102.6 MHz) & Live Streaming on NewsOnAir app





# Nishchetak

## ISA Noida GB Nagar



### POCUS ACTIVITY

ISA NOIDA G.B NAGAR in association with Deptt. Of Emergency Medicine Sir Gangaram Hospital conducted POCUS ACTIVITY on 20th December 2025 . POCUS helps in rapid bedside evaluation in shock and dyspnea , early detection of life threatening cardiac , lung, abdominal issues , differentiates types of shock ( RUSH /FALLS Protocols ) , guides fluid therapy using IVC and lung ultrasound , enhances safety and accuracy of bedside procedures.

Dr Manish Bharti, Executive member of ISA NOIDA G.B Nagar successfully conducted this POCUS program. His efforts were appreciated by all.

**INDIAN SOCIETY OF ANAESTHESIOLOGISTS  
NOIDA GAUTAM BUDH NAGAR**

in association with

**Department of Emergency Medicine Sir Gangaram Hospital  
Gangaram Institute of Postgraduate Medical Education & Research**  
is conducting

**Point of Care Ultrasound (POCUS)**  
20<sup>th</sup> December 2025 | 9am to 4pm

Rapid bedside evaluation in shock & dyspnea  
Early detection of life-threatening cardiac, lung, abdominal issues  
Differentiates types of shock (RUSH/FALLS protocols)  
Guides fluid therapy using IVC & lung ultrasound  
Enhances safety & accuracy of bedside procedures

**Faculty**

 Dr V.K. Malik Dean ORIPMER, SGRH	 Dr Ajay Bahl Chairman & HOD Emergency Medicine SGRH	 Dr Manish Bharti Executive Member ISA Noida & Course Coordinator	 Dr Feeyush Choudhery President ISA Noida	 Dr Sonia Mathur Branch Secretary ISA Noida	 Dr Kapil Singhal Immediate Past President ISA UP & Course Coordinator
--	--	---	--	--	--

**Participating Faculties**

- 1) Dr Garima Sinha, Assistant Professor, GIMS
- 2) Dr Abhinandan Borah, Consultant, Sharda University
- 3) Dr Manjul Aggarwal, Head, Neuro-Intensive Care, Apollo Hospital, Delhi.
- 4) Dr Shivani Fotedar, Dr NB fellow, Artemis hospital

Venue - E2 Hall, Basement 2, E Block, Sir Ganga Ram Hospital, New Delhi





# Nishchetak

## ISA Noida GB Nagar



ISA NOIDA GB NAGAR in collaboration with the Deptt. Of General Medicine, Sharda University, successfully conducted a 2-day CCLS programme and 1-day on POCUS at IMUCON 2025 from 11th -13th December 2025 at Sharda university, Greater Noida. Dr Manish Bharti, Executive member of ISA Noida GB Nagar , made this collaboration possible by his sincere efforts. An insightful panel discussion on medico legal issues in medical practice was also featured during this IMUCON.

**INDIAN SOCIETY OF ANAESTHESIOLOGISTS  
NOIDA GAUTAM BUDH NAGAR**

in association with

**SHARDA HOSPITAL** | **ShardaCare HEALTHCARE** | **SHARDA UNIVERSITY**

Department of General Medicine  
School of Medical Sciences & Research, Sharda University  
is conducting

**Comprehensive Cardiopulmonary  
Life Support (CCLS)**  
11<sup>th</sup> and 12<sup>th</sup> December 2025 | 8am to 5pm

- Early Recognition & Code Blue
- Airway & Oxygenation
- Drugs + Treat H's & T's
- High Quality CPR
- Rhythm Check + Defibrillation

**Co-ordinating Committee**

 <b>Dr Ram Murti Sharma</b> Medical Superintendent Sharda Hospital	 <b>Dr Deepak Sharma</b> Prof. & HOD of General Medicine SMS&R, Sharda University	 <b>Dr. Peeyush Chaudhary</b> President ISA Noida	 <b>Dr Sonia Mathur</b> Branch Secretary ISA Noida	 <b>Dr Manish Bharti</b> Executive Member ISA Noida & Course Director
---	---	--	---	---

**Eminent Faculty**

 <b>Dr Nazia Nazir</b> Prof & Head GIMS Greater Noida	 <b>Dr Samiksha Khanuja</b> Professor GIMS Greater Noida	 <b>Dr Anupriya Saxena</b> Associate Professor GIMS	 <b>Dr Mahima Lakhanpal</b> Professor Santosh Medical College
--	---	--	--

Venue - College Council Room & Skill Lab, 6<sup>th</sup> Floor, SMS&R, Sharda University





# Nishchetak

## ISA Noida GB Nagar



### ACHIEVEMENTS

#### State Awards

Noida GB Nagar bagged 'THE BEST CITY BRANCH AWARD' at State Level Conference UPISACON 2025 held at Lucknow in October 2025.



Dr Peeyush Chaudhary ( President, ISA Noida GB Nagar ) and Dr Ankita Sharma (Executive Member , Sub Editor of ISA Noida GB Nagar Newsletter) were awarded EC APPRECIATION AWARD in the individual category at UPISACON 2025.





# Nishchetak

## ISA Noida GB Nagar



### ACHIEVEMENTS

#### National Awards

NOIDA GB NAGAR was awarded Second Prize in the category 'ISA NATIONAL BEST CITY BRANCH AWARD (MEDIUM) 2025' at National Conference ISACON 2025 held in November, 2025 at Raipur.

NOIDA GB NAGAR also bagged 'ISA NATIONAL ANAESTHESIA PUBLIC AWARENESS AWARD 2025 (SMALL CITY) - THIRD PRIZE at National Conference ISACON 2025.

In the individual category, Dr Ankita Sharma ( Executive Member of ISA NOIDA, Sub- Editor of Noida GB Nagar Newsletter) was awarded ISA NATIONAL YOUNG TALENT AWARD 2025 at ISACON held in November at Raipur.





# Nishchetak

## ISA Prayagraj

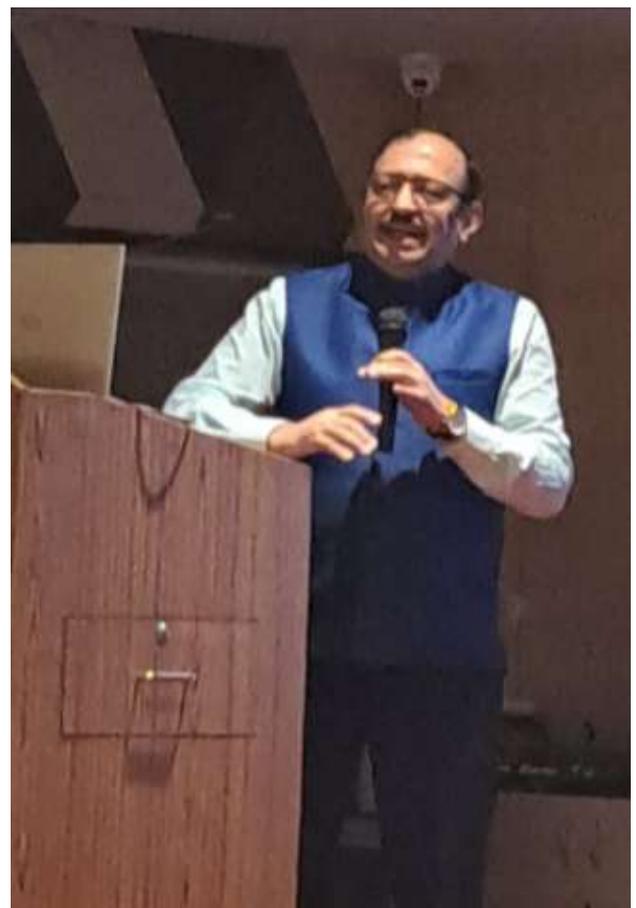
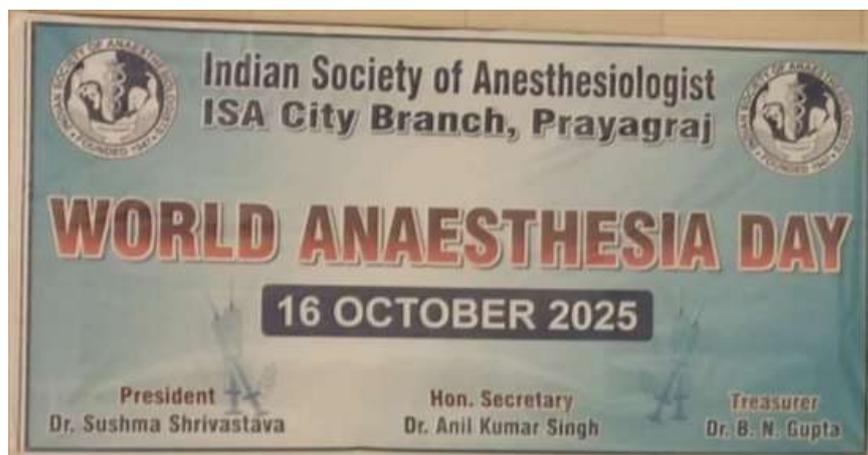


### World Anaesthesia Day Celebration

Venue: Allahabad Medical Association Convention Centre, United Institute of Medical Sciences

Activities organised :

- CME organised by the city branch on the theme 'Trauma'. The CME started with the address from the President, ISA city branch, Prayagraj. The CME included the talk on the 'History of Anaesthesiology' by Dr MN Mishra and a talk on 'Management of polytrauma of Border Security Forces at Resource-limited settings' by Brig. Prof. (Dr) G. C. Satapathy, Principal, UIMS, Prayagraj. After the brainstorming talks, the CME was concluded by the bote of thanks by the Secretary, ISA city branch, Prayagraj. A GBM followed the CME, which ended with a dinner.



# Nishchetak

## ISA Prayagraj

- World Anaesthesia Day Celebration at the department of Anaesthesia, UIM and MLN Medical College. The department celebrated World Anaesthesia day by a small get-together and few engaging games in which all the faculty members enjoyed followed by cake cutting and snacks.





# Nishchetak

## *ISA Prayagraj*



**Cake cutting and celebration at the Department of Anaesthesia, UIMS**



**Celebration at the department of anaesthesia, MLN Medical College**

# Nishchetak

## ISA Prayagraj

- CPR Awareness program arranged for the general public by doing a “Nukkad Natak” at the UIMS premises. On the occasion of CPR awareness week, the faculties of the department of Anaesthesia and Critical care, UIMS arranged a ‘nukkad natak’ for the security guards, relatives of the patients in the waiting area in which everyone participated very enthusiastically and performed CPR in the mannequin.
- CPR awareness program arranged at the Nursing College, UIMS. In the following week the awareness program was continued at the Nursing College, UIMS which was attended by the principal of the Nursing College and many other faculties and was successfully conducted.



“Nukkad Natak” organised as a part of CPR Awareness program



CPR Awareness Program at the Nursing College, UIMS



## ISA Saifai



World Anaesthesia day celebration 16 oct 2025



Yoga day celebration 2025





# Nishchetak

## ISA Saifai



Walkathon 2025



Outreach activity in OCT 2025, CPR Training for bank employees





# Nishchetak

## ISA Saifai



Outreach activity in OCT 2025, CPR Training for Honourable Judges



Outreach activity in Dec 2025, CPR Training in fire station





## ***Test your Acumen : Anesthesia Quiz***



Lets delve into the history the first public demonstration of ether on the history of World Anesthesia Day

- After the first public demonstration of ether by William Thomas Green Morton during removal of a tumour of the jaw in the patient Gilbert Abott ,who made the dramatic historical statement “Gentleman this is no humbug”?





## ***Test your Acumen : Anesthesia Quiz***



### **The Real Story**

- In the mid-nineteenth century, the advent of inhalational anesthesia in Boston illustrates a compelling narrative of innovation, professional rivalry, and human vulnerability, driven by dentists Horace Wells and William T.G. Morton in the face of surgical skepticism. On December 10, 1844, Wells observed a nitrous oxide demonstration in which an intoxicated individual sustained contusions without perceptible pain or recollection, inspiring his vision for analgesic interventions; however, his public demonstration on January 20, 1845, at Massachusetts General Hospital (MGH) failed disastrously when inadequate gas administration to an obese, alcoholic volunteer student provoked agony during dental extraction, eliciting derisive shouts of "Humbug!" from onlookers and marking the onset of Wells's professional decline.
- Wells's fortunes deteriorated progressively: he divested his practice by February 1845, unsuccessfully petitioned the Parisian Académie Royale de Médecine for priority in 1847, developed chloroform dependency, committed a violent assault amid intoxication in New York in January 1848, was imprisoned in the infamous Tombs facility, and ultimately effected self-inflicted exsanguination via femoral arteriotomy under self-administered narcosis on January 24.
- Concurrently, Morton achieved a discreet triumph on September 30, 1846, performing a painless ether extraction that garnered local publicity, prompting MGH surgeon John Collins Warren—esteemed founder and early editor of the *New England Journal of Medicine*—to arrange a public validation on October 16, known as "Ether Day." There, Morton employed his proprietary "Letheon" (sulfuric ether) to anesthetize patient Edward Abbott for an unsterile neck tumor resection; the procedure succeeded without incident, yet Warren's reserved diary entry merely affirmed ether's efficacy, devoid of the incongruous exclamation "Gentlemen! This is no humbug!"

## ***Test your Acumen : Anesthesia Quiz***



- Morton's subsequent patent on November 12 elicited endorsement from Oliver Wendell Holmes but incurred widespread censure for commercializing a humanitarian advance; Wells's public remonstrance on December 7 proved ineffectual. The apocryphal quotation surfaced only in 1859 within Morton's commissioned and covertly revised biography by Nathan P. Rice, spurring Morton's repeated, unsuccessful congressional claims for \$100,000 remuneration, professional ostracism for avarice, and death in 1868 from a cerebrovascular event complicated by thermoregulatory failure in Central Park. Warren's demise in 1856 foreclosed definitive verification, underscoring enduring tensions between dentistry and medicine, serendipitous discovery, and the ascendancy of myth over historical precision

## **Ether Day**

**First Demonstration of Ether as an Anesthetic Agent**

**William Morton, October 16, 1846**



***Surgeon:***  
**J.C. Warren**

***Anesthetist:***  
**W.T.G. Morton**

***Patient:***  
**Gilbert Abbot**

**Massachusetts  
General Hospital**



## Test your Acumen : Anesthesia Quiz



W.T.G Morton



Horace Wells



John Warren



## ***Literary Musings***

Our articulate and creative anesthetists share in a poetic form “why they chose anesthesia as a speciality”



SILENT CONFESSION - Reflections on an Anesthetists journey  
**(A TRIBUTE FOR THE UNSUNG)**

When almighty made synchronism & harmony amongst the vitals, exists no more...  
When the time is essential & you wish to buy your patient a little more...  
When in spite of all the knowledge,  
You realise that the fields you were playing upon are still unknown...  
When practical dexterity demands prudent precedence over your theoretical ideas &  
helplessness is aware & self-known...  
When all dictums & sayings have been said & heard,  
But the need of the hour is swift action alone...  
When you look upon the gasping face mocking at your training,  
helplessness & hesitation...  
His jerky breaths & blue tinged skin screaming hard for the mercy & restoration...  
When his thready pulse wanes away gradually...  
Such times often come during your practice &  
Only one thought trespasses your mind covertly.....  
An honest confession... that is your piteous plight...  
“Good Lord! How much I long for an ANAESTHESIOLOGIST standing by my side tonight...”

### ***Mallikarjun Dube***

*This poem captures the raw, breathless tension of a clinician standing alone at the edge of life and death, when knowledge feels small before a failing pulse and a gasping face. It is a heartfelt tribute to the anesthesiologist—the often unseen guardian of the airway and the circulation—whose presence can transform helpless dread into decisive, life-saving action. The author is Colonel (Dr) Mallikarjun Dube, MD (Anesthesia and Critical care), a decorated officer of the army medical core who has served as an anesthetist in dangerous terrains like Siachen glacier. Currently he is posted as an anesthetist and intensivist, Command hospital Eastern Command Kolkata*



## *Literary Musings*



### **Essay: "Why I Chose Anesthesiology & What Anesthesia Means to Me"**

Choosing anesthesiology was not a decision made in a moment; it was a calling that unfolded quietly, just like the specialty itself. While other branches draw attention with visibility, anesthesiology spoke to me in whispers – in the profound calm of the operating room, in the steady rhythm of a monitored heartbeat, and in the silent trust a patient places in us.

I chose anesthesiology because I wanted to be the unseen guardian of every patient's most vulnerable moment. This branch allows me to blend science with vigilance, precision with empathy. To me, giving anesthesia is not just administering drugs; it is understanding physiology second by second, anticipating what the body may not yet reveal, and responding with skill and intuition. It is the art of maintaining life while surgeons focus on repairing it.

Anesthesia means responsibility – the kind that demands not just knowledge but presence of mind. It means standing at the head end, where every breath, every pulse, every drop in pressure matters. It means being the calm voice for anxious patients and the steady hands that carry them through pain, fear, and uncertainty.

But more than anything, anesthesiology is service. It is the privilege of offering comfort without fanfare, healing without spotlight, and safety without applause. It has taught me humility – that even the most complex surgeries depend on an invisible balance we maintain moment to moment.

To me, anesthesia is not merely a branch of medicine; it is the quiet heartbeat of patient care. It is where compassion meets competence. It is where I found my purpose – in protecting life silently, confidently, and with unwavering dedication.

**Dr Chavi Sethi, Professor Department of Anesthesiology MLB medical college Jhansi Shares with us why she chose anesthesiology as a profession and captures her sentiments in an eloquent and inspiring poem**



## *Literary Musings*



### **Poem: "At the Head End" - ISA Jhansi**

I chose the path where silence sings,  
Where monitors pulse like living wings.  
A place unseen, yet deeply known—  
The head end, where courage grows.

I chose anesthesiology not for fame,  
But for the trust in a whispered name;  
For the moment a hand seeks mine,  
Before drifting past the conscious line.

Anesthesia to me is more than art—  
It's breath and warmth, a beating heart;  
A promise made without a word,  
A vow of safety softly heard.

It's watching life in fragile sway,  
Guiding each moment on its way;  
It's science, skill, and tender grace,  
A steady soul in a sterile space.

I chose this branch to guard the light,  
To stand unseen, yet hold the fight;  
To be the calm where fears release—  
A silent keeper of healing's peace.

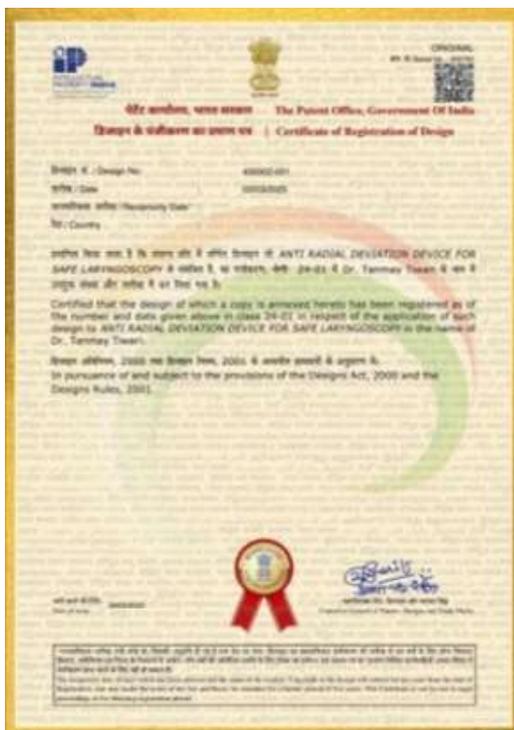
So what it means is clear to me—  
Anesthesia is responsibility.  
It's faith, it's trust, it's care refined—  
A calling gentle, yet profoundly kind.



# Nishchetak

## Excellence illuminated : Celebrating our achievers

- Dr Tanmay Tiwari, Additional professor, Anesthesia and critical care KGMU received numerous awards.





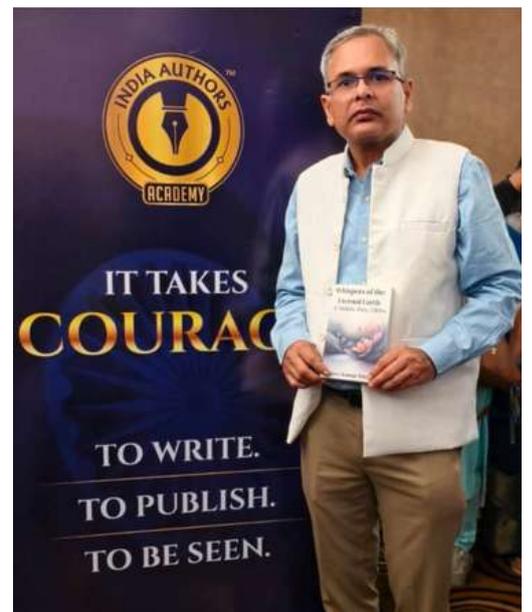
# Nishchetak

## Excellence illuminated : Celebrating our achievers

- Dr Shefali Gautham, Additional Professor Department of anesthesia KGMU
- Research Show case award for Travel Grant ISW and FRCP Edinburgh



- Col R K Tripathi Award on World Anesthesia Day
- Professor R K Dubey professor, department of anesthesiology and critical care IMS BHU received the World Record Author Award for participating in the Likhega India Mission organised by India Authors Academy on 17th January 2026, as recognised by Asia Book of Records.





# Nishchetak

## *Excellence illuminated : Celebrating our achievers*



- Professor Sandeep Sahu professor department of Anesthesia and critical care SGPGIMS recieved ISA Proficiency Award 2025 at ISACON 2025 Raipur and Fellow of National Academy of Medical Sciences awarded at PGIMER Chandigarh, at NAMSCON 2025





## *Excellence illuminated : Celebrating our achievers*



- Dr Neha Mishra bagged the following awards:
  - ISA UP State EC Appreciation Award
  - First Prize In COM Paper Presentation Session In UPISACON Lucknow 2025
  - ISA National Young Talent Award 2025
  - Third Prize National Infographic Contest 2025 By ISA Shivmoga Branch





## Nishchetak

### *Excellence illuminated : Celebrating our achievers*



Happy to share various ISA National Awards ( Individual, City and State) bestowed to ISA UP State( 18 Awards In Total)

- Young Talent
  - Dr Neha Mishra (Kanpur)
  - 2. Dr Ankita Sharma (Noida)
- National Proficiency
  - Dr Sandeep Sahu (Lucknow)
- National President's Special
  - Dr Apurva Agarwal (Kanpur)
- National President's Appreciation
  - Dr Kapil Singhal
- Best City Branch
  - Small- Saharanpur (First)  
Mathura (Consolation)
  - Medium- Noida (Second)  
Kanpur (Consolation)
  - Large - Lucknow (Consolation)
- F Membership Drive State
  - UP - (Third)
- G Public Awareness
  - City Noida (Third)
- H World Anaesthesia Day
  - City Prayagraj (Third)
  - Mathura (Consolation)
  - State UP (Consolation)
- I COLS Activity
  - City Saharanpur (Second)
  - State UP (Third)
- J Public Awareness
  - Individual (Dr Ankit)

Our sincere thanks to each and every members for their relentless support, hard work, tireless contribution and faith on us ; for making it possible \* these awards belongs to each one of you.

Regards



**Dr Kapil Singhal**

Imm Past President (ISA UP)



**Dr Sandeep Sahu**

Imm Past Hon Secretary (ISA UP)



## *Excellence illuminated : Celebrating our achievers*





**UTTAR PRADESH  
STATE BRANCH**



# Nishchetak

## Upcoming Activities



**4th & 5th April 2026**  
**1ST CENTRAL ZONE & 2ND UP YUVA ISACON 2026 CONFERENCE & WORKSHOP**

ISA UP State  
 ISA Bareilly

# 1<sup>ST</sup> ANNOUNCEMENT

Hosted by ISA UP State  
 Organised by ISA Bareilly City Branch

**THEME**  
**"Future of Anaesthesia and ICU - Powered by Youth & AI"**

✓ Conference      ✓ Workshops  
 ✓ Scientific Program      ✓ Paper Presentation

**VENUE**  
**Country INN Resort, Bhimtal, Uttarakhand**

**Attractions Around Bhimtal**

Bhimtal & Naital Lake      Koinchi Dhom & Sankot Mochan Temple      Naukuchio Tal & Spt Tal      Paragliding & Adventure Sports

**Organising Committee**

Dr. R. K. Bhasker  
 Organising Chairman

Dr. Nitin Agarwal  
 Treasurer Conference

Dr. Ratan Pal Singh  
 Organising Secretary

**State Office Bearer**

Dr. R. K. Dabey  
 State ISA President

Dr. Kapil Singhal  
 Academic Chairman

Dr. Tanmay Tiwari  
 State ISA Secretary

Academic Learning, Science Himalayan Lakes and Youth - Powered Innovation Await You!  
 czupuvaisacon@gmail.com      8755257747, 9411001851

**Detailed Brochure with Registration Details Coming Soon**

**ISA**  
 Indian Society of Anaesthesiologists

INDIAN SOCIETY OF ANAESTHESIOLOGISTS  
 NOIDA GAUTAM BUDH NAGAR

MONTHLY CME: FEBRUARY 2026

**EXECUTIVES**

- Dr. Poonam Motiani
- Dr. SL Bakshi
- Dr. Ankita Sharma
- Dr. Manish Bharti
- Dr. Seema Kalra

**SENIOR ADVISORY BOARD**

- Dr. Subrata Datta
- Dr. Satyendra Kumar
- Dr. Kamini Jain
- Dr. Anshumali Choudhary
- Dr. Deepak Krishna

**SCIENTIFIC COORDINATOR**

- Dr. Vibha Chhabra

**EDITOR IN CHIEF**

- Dr. Priyanka Sarkar

**TECHNICAL & SOCIAL MEDIA**

- Dr. Amandeep Singh Cheema

**SPORTS & CULTURAL COMMITTEE**

- Dr. Vinay Shukla
- Dr. Kanika Goyal

**TOPIC - AWAKE CRANIOTOMY CASE DISCUSSION**

**TOPIC - ANAESTHESIA MANAGEMENT OF FRACTURE NOF IN A MORBIDLY OBESE PATIENT WITH COAD**

**PRESENTER**  
**DR VIBHA CHHABRA**

**PRESENTER**  
**DR BABAR KHAN SURI**

**MODERATOR**  
**DR KAPIL SINGHAL**

**MODE: OFFLINE**

**12<sup>TH</sup> FEBRUARY 2026 | 4:30 PM ONWARDS**  
**VENUE- CONFERENCE ROOM, 6TH FLOOR, METRO MULTISPECIALITY HOSPITAL, NOIDA SECTOR - 11**

Dr. Kapil Singhal (Founder & past President)      Dr. Peeyush Chaudhary (President)      Dr. Mukul Kumar Jain (Vice President)      Dr. Sonia Mathur (Hon. Secretary)      Dr. Sameer T. Bolla (Treasurer)      Dr. Deepak Thapa (Joint Treasurer)

isanoidagbnagar@gmail.com      www.isanoidagbnagar.com



**ISA**  
Indian Society of  
Anaesthesiologists



**UTTAR PRADESH**  
**STATE BRANCH**

# Nishchetak

The official newsletter of ISA UP State

*Anesthetists: The Unsung Heroes Guarding  
Every Breath, Sustaining Every Beat*

Vol 3 - Issue 5 | 2025 - Oct to Dec



[www.isaupstate.com](http://www.isaupstate.com)  
[isauphq@gmail.com](mailto:isauphq@gmail.com) | [nishchetak@gmail.com](mailto:nishchetak@gmail.com)  
Linkedin - isa-up-state-branch  
Instagram - @isauphq  
Facebook - isauphq  
X Account- @isauphq